# What Are IV Drips and How Do They Work?

An IV fluid drip involves a small tube called a catheter and a saline-based electrolyte solution that contains your selected vitamins and nutrients. An IV drip delivers these essential nutrients and fluids directly into your bloodstream, bypassing your digestive tract. There's no wait time, and the nutrition is instantly available to remedy your body's health and wellness needs.



## Amanda Gaskin Nurse Practitioner



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## What Goes into an IV?

Some IV drips contain electrolytes and salts, while others contain sugars, vitamins, and antioxidants. Each concoction differs depending on the health and wellness needs of each patient.

The most common ingredients that go into IVs include:

- Saline. This a solution of salt in water and is the most common type of fluid for IVs. A Saline solution is great for dehydration and hangovers since sodium is a type of electrolyte.
- Vitamins. The benefits of vitamins and antioxidants are essential, as they can give us a boost of energy, strengthen our immune system, plus so much more.
- Electrolytes. These essential elements and compounds hydrate our bodies, regulate nerve and muscle function, regulate blood pressure, and more.
   Besides sodium, your body needs potassium, calcium, bicarbonate, magnesium, chloride and phosphate all of which are electrolytes.

## **GET IN TOUCH**



ultimatehealthdpc@gmail.com



+352-901-6582



733 North 3rd Street Leesburg FL 34748





**ULTIMATEHEALTHDPC.COM** 

## Myers' Drip ......\$185

This is the O.G. vitamin drip developed by Baltimore physician, Dr. John Myers, M.D. Originally formulated to address chronic diseases such as migraines, fatigue and fibromyalgia. Today, the Myers Drip is used to enhance wellness and ease everything from low energy to headaches and aids in speeding up recovery. There's a reason the first vitamin IV Drip ever developed is still in use today!

#### --- INGREDIENTS ----

Fluids | Electrolytes | Vitamin C | B-Complex and more

## Immunity Warrior Drip. .....\$165

Our Immunity Warrior Drip supports your immune system. It includes a combination of Vitamin C and Zinc to help combat illnesses and improve sinus pressure. Vitamin C and Zinc are powerful nutrients that strengthen your immune system and reduce inflammation. This drip is perfect to fight viruses, bacteria, and seasonal allergies.

#### --- INGREDIENTS ----

Fluids | Electrolytes | Vitamin C | Zinc

## **Gwyneth Drip** ......\$215

Want beautiful, radiant skin? Our Gwyneth Drip is the answer! Hydrate your skin back to health by promoting collagen and elastin development to fight the signs of aging. This unique blend of vitamins and antioxidants will help give you the flawless glowing skin you're looking for, reduce inflammation and enhance your immune system.

#### --- INGREDIENTS ----

Fluids | Electrolytes | Vitamin C | Glutathione

## Bounce Back Drip ......\$150

Nursing that hangover? Bounce back, get off the couch and into the real world! This drip will rehydrate you by replenishing your fluids and electrolytes plus provide relief from your headache and nausea. The Bounce Back Drip is a quick way to recover and feel good again!

#### --- INGREDIENTS ----

Fluids | Electrolytes | Anti-nausea and anti-inflammatory medication

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Feel refreshed and rehydrated when you replenish your fluids and electrolytes with our Vitality Drip.

--- INGREDIENTS --Fluids I Flectrolytes

## Feel Better Drip ......\$150

Our Feel Better Drip gives you a nourishing, quick energy boost and helps you feel great and more focused This drip helps with everything from improving brain function, to reducing inflammation, creating energy, and boosting your immune system.

#### --- INGREDIENTS ----

Fluids | Electrolytes | Vitamin C | B-Comple>



## Energizer Drip......\$175

Working hard in the gym or at your job? This drip helps you perform better, have more energy and recover faster. These ingredients will support athletic performance, muscle recovery and joint health and the nutrients will help accelerate your metabolism, helping you to burn more calories and replenish your cells.

#### --- INGREDIENTS ----

Fluids | Electrolytes | B -Complex | Energy Enhance | Amino Acids

## Absorb It All Drip ......\$185

Suffer from conditions such as Crohn's Disease, malabsorption conditions or other gut health issues? This drip provides you with an array of vital vitamins, minerals, antioxidants and additional components to make you feel great!

#### --- INGREDIENTS ----

Fluids | Electrolytes | Vitamin C | B-Complex | Energy Enhancer | Amino Acids | More

## Immunity Warrior Drip. .....\$165

Our Immunity Warrior Drip supports your immune system. It includes a combination of Vitamin C and Zinc to help combat illnesses and improve sinus pressure. Vitamin C and Zinc are powerful nutrients that strengthen your immune system and reduce inflammation. This drip is perfect to fight viruses, bacteria, and seasonal allergies.

#### --- INGREDIENTS ----

Fluids | Electrolytes | Vitamin C | Zinc

## Revitalizing Drip .....\$215

This unique drip was designed to overcome long-term effects of illnesses such as Covid-19. The powerful combination of vitamins, antioxidants and amino acids is aimed to restore what has been depleted, remove stagnant toxins and help you feel better.

#### --- INGREDIENTS ----

Fluids | Electrolytes | Vitamin C | B-Complex | Magnesium | Glutathione | Tri-Aminos

Boost your drip with Carnitine or an NAD Injection for added energy!

## Lidio Boost Drip .....\$150

**B**oost your libido and encourage cardiovascular health, enhance your intimacy with more energy, better blood flow, and an improved sex drive with this powerful drip.

#### --- INGREDIENTS ----

Fluids | Electrolytes | Arginine | B-Complex | Amino Acids

Boost your drip with Carnitine for enduring energy or a Lipo-B shot for extra energy!

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